

Liquid Diet Menu



Clear Liquid Diet Menu

Juice

Cranberry Juice
Grape Juice
Apple Juice
Crystal Light® – orange sunrise, raspberry ice

Hot Drinks

Coffee – regular, decaf
Hot Tea – regular, decaf
Herbal Tea – lemon, apple cinnamon, orange spice, cranberry apple, mint medley

Condiments: sugar, Equal®, Splenda®, lemon, honey

Broth

Chicken Broth
Beef Broth
Vegetable Broth

Fountain Drinks

Pepsi®, Sierra Mist®, Mountain Dew®, Root Beer, Diet Sierra Mist®, Diet Pepsi®, Caffeine-Free Diet Pepsi®, Diet Mountain Dew®, Sugar-free Lemonade, Iced Tea

Desserts

Popsicles – regular, sugar-free
Italian Fruit Ice
Sugar-Free Lemon Sorbet
Gelatin – regular, sugar-free

Full Liquid Diet Menu

All items on Clear Liquid Diet Menu along with the following items.

Juice

Orange Juice
Prune Juice
Vegetable Juice

Hot Drinks

French Vanilla Cappuccino
Hot Chocolate – regular, no sugar added

Condiments: sugar, Equal®, Splenda®, lemon, honey, creamer, non-dairy creamer

Milk

Skim, 2%, Whole	Soy Milk
Chocolate Milk	Rice Milk
Lactose-Free Milk	

Hot Cereal

Oatmeal
Cream of Wheat

Condiments: brown sugar, syrup, diet syrup, jelly, diet jelly

Soup

Tomato, Cream of Mushroom, Cream of Chicken

Desserts

Vanilla Yogurt – regular, light
Pudding – regular, sugar-free
Ice Cream – regular, fat-free
Sherbet
Magic Cup
Nonfat Frozen Yogurt Shake